

COVID-19 AND PREGNANCY



When should I go to the hospital?

Go to the hospital or call your care provider if:

- Your baby is not moving as much
- Your water breaks
- You are bleeding
- You are having regular painful tightenings or contractions
- You have new or worsening low dull backache
- You have new or worsening pelvic pressure
- You are feeling dizzy
- You have a headache
- You have pain in your upper belly
- You have increased swelling in your hands and/or feet
- You are worried

**Hospitals are a safe place.
We're here to help.**

